Gundersen Health Plan Members Transitioning to MedImpact PBM

On January 1, 2019, Quartz plans underwritten by Gundersen Health Plan, Inc. will transition to a new Pharmacy Benefit Manager (PBM) – MedImpact.

MedImpact is the nation’s largest independent PBM. Plans underwritten by Unity Health Insurance have been successfully using MedImpact for several years.

Impact of the PBM transition to providers -

- Plans underwritten by Gundersen Health Plan, Inc., Gundersen Health Plan Minnesota and Unity Health Plans Insurance Corporation will now use the same Quartz formulary, prior authorization criteria and certain forms in 2019.

- What to look for:
  1. Some forms, fax numbers and phone numbers may have changed.
  2. For Quartz-branded members, please visit the provider section at QuartzBenefits.com in January to view the information and links to up-to-date forms.
  3. For Senior Preferred members, please view the provider section at SeniorPreferred.org in January to view information about the Senior Preferred formulary (which is different than the Quartz formulary) and links to up-to-date forms.

Call Quartz Customer Service at (800) 362-3310 if you have any questions.

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Senior Preferred Opioid Drug Management Program

The Centers for Medicare and Medicaid Services (CMS) is concerned about the opioid crisis. CMS is committed to a strategy to combat this public health emergency.

Beginning in 2019, to meet CMS’s requirements and to combat opioid overuse, Senior Preferred (HMO) has put several new drug management programs in place.

- Safe dosage levels
  Opioid prescriptions will be monitored for safe dosage levels at the pharmacy. If a patient’s opioid prescriptions are above a certain limit, the prescription claim will stop for review by the...
pharmacist to make sure that the prescription is medically necessary and appropriate. This process may require a call to the prescriber. Senior Preferred will stop opioid prescriptions at the pharmacy if—

- The cumulative daily Morphine Milligram Equivalent (MME) dose is ≥ 90 MME and
- Two or more prescribers are involved. If the prescription is verified as medically necessary, the pharmacist will then be able to enter an override on the claim at the pharmacy. A formal prior authorization request should not be needed.

- **Opioid prescriptions taken with benzodiazepine prescriptions**
  The opioid prescription claim will stop at the pharmacy for review by the pharmacist to make sure that the prescriptions are medically necessary and appropriate.

- **Seven-day supply for a new prescription**
  Members who have not had a recent prescription for opioids will be limited to a seven-day supply for their first opioid prescription.

- **Prescriptions for long-acting opioids**
  Prescriptions for more than one long-acting opioid that are taken at the same time will stop at the pharmacy for review. The pharmacist will verify that by the prescriptions are medically necessary and appropriate.

Patients may be exempt from these drug management programs if they have cancer and/or are in a hospice or long-term care facility.

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**Onalaska Office – New Location, New Phone & Fax**

Our Onalaska Office has moved.

Our Onalaska office (formerly Gundersen Health Plan) moved to a new location at 2651 Midwest Drive.

We have new phone and fax numbers

Our former phone numbers are no longer in use. Please use only these new phone numbers:

**Important Phone and Fax Number Changes**

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Onalaska Medical Management</td>
<td>(608) 881-8738</td>
<td>(608) 881-8397</td>
</tr>
<tr>
<td>Onalaska Pharmacy</td>
<td>(608) 881-8739</td>
<td>(608) 881-8398</td>
</tr>
<tr>
<td>Onalaska Quality</td>
<td>(866) 884-4601</td>
<td>(608) 881-8395</td>
</tr>
</tbody>
</table>

*Please share this information within your organization as needed. For questions regarding this bulletin, please contact Shari Oelke by email at shari.oelke@quartzbenefits.com.*